


# Hooghly Women's College

## Department of Nutrition

Two days National Webinar (24<sup>th</sup> & 25<sup>th</sup> July 2020) on Food for Life: Nutrition Strategies to Prevent Diseases



## Two Days National Level Webinar

on

**FOOD FOR LIFE: NUTRITION STRATEGIES TO PREVENT DISEASES**

**Patron and Chairperson**



**Dr. Sima Banerjee**  
Principal  
Hooghly Women's College

**24<sup>th</sup> & 25<sup>th</sup> July, 2020**  
**11 am – 1 pm**

**Organized by**  
**Department of Nutrition**  
In association with  
**Internal Quality Assurance Cell**  
Hooghly Women's College, Hooghly, West Bengal, India


**Advisor**



**Dr. Syamalina Goswami**  
Coordinator, IQAC  
Hooghly Women's College



**Dr. Asna Urooj**  
Professor and Chairperson  
Department of Food Science and Nutrition  
University of Mysore,  
Mysuru, India



**Dr. Neelam Yadav**  
Professor & Head  
Centre of Food Technology  
University of Allahabad  
Prayagraj, India



**Dr. Sirimavo Nair**  
Professor  
Department of Foods and Nutrition  
M.S. University of Baroda  
Vadodara, India



**Dr. Sanjay Basak**  
Scientist - E Deputy Director  
ICMR – NIN  
National Institute of Nutrition  
Hyderabad, India




**Rajeshwar S Matche**  
Chief Scientist, Food Packaging Technology  
CSIR – CFTRI  
Central Food Technological Research Institute  
Mysuru, India

Webinar is open to all. Registration is free.  
Registration link: <https://forms.gle/rxdAG9DnpWSnfc5s9>  
Web Platform: **Google Meet**

**Organizing Committee**  
Shreya Bhattacharya, Madhushree Bhowmik  
Uttaran Majumdar, Satyajit Biswas  
Chirantan Hazra (Coordinator & Contact Person)

Contact :  [events.hooghlywomenscollege@gmail.com](mailto:events.hooghlywomenscollege@gmail.com)

 **+91-9836009571**

## Two days National Level Webinar

On

### *Food for Life: Nutrition strategies to prevent diseases*

24<sup>th</sup> and 25<sup>th</sup> July, 2020

Organized by

Department of Nutrition

In association with

Internal Quality Assurance Cell, Hooghly Women's College



#### Inaugural Session : 24<sup>th</sup> July, 2020 at 11:00 am.

Welcome Address by Dr. Syamalina Goswami, IQAC Coordinator and Advisor of the Webinar

Inaugural Speech by Dr. Sima Banerjee, Principal, Hooghly Women's College and Patron of the Webinar

#### Technical Session - I : 24<sup>th</sup> July, 2020 at 11.10 am.

##### Invited Lecture - I

11:10 am - 12:00 pm



Dr. Asna Urooj, Professor and Chairperson, Department of Food Science and Nutrition, University of Mysore.

Title: Dietary Advanced Glycation End products (AGE) and their relevance for Human health.

##### Invited Lecture - II

12:00 pm - 12:50 pm



Dr. Neelam Yadav, Professor & Head, Centre of Food Technology; Director, IPS, University of Allahabad.

Title: Micro-nutrients in Human Nutrition and Health.

#### Technical Session - II : 25<sup>th</sup> July, 2020 at 11.00 am.

##### Invited Lecture - III

11:00 am - 11:45 am



Dr. Sanjay Basak, Scientist - E; Deputy Director, ICMR - NIN (National Institute of Nutrition), Hyderabad.

Title: Nutrition, Immunity on Health & Development.

##### Invited Lecture - IV

11.45 am - 12:30 pm



Dr. Sirimavo Nair, Professor, Department of Foods and Nutrition, M. S. University of Baroda, Vadodara.

Title: Need of Food Fortification- Govt. Initiatives.

##### Invited Lecture - V

12.30 pm - 1:15 pm



Rajeshwar S Matche, Chief Scientist, Food Packaging Technology; Head, Technology Transfer and Business

Development, CSIR - CFTRI (Central Food Technological Research Institute) Mysuru.

Title: Smart Food Packaging.

#### Valedictory Session : 25<sup>th</sup> July, 2020 at 1:15 pm.



## General Instructions for the participants:



- Webinar will start at 11 am on 24<sup>th</sup> July, 2020.
- Joining link will be available in webinar WhatsApp group, **30 minutes prior to starting of webinar.**
- All the participants are requested to join before 11 am.
- **Participants are also requested to mute their audio and video.**

*(The organizers reserve the right to mute or remove participants at its own discretion during the time of Webinar)*

- Questions can be asked **only in chat box.**
- After completion of lecture, participants are requested to fill up the feedback form.

The link of Feedback form : <https://forms.gle/oZdiRQZGHuncvuRR6>

(This link will be active after completion of webinar. Last date of submission of feedback is 28<sup>th</sup> July, 2020 )

Webinar session will be recorded by the organizers.

YouTube Link 1- <https://www.youtube.com/watch?v=T4fFX3X-7gI>

YouTube Link 2- [https://www.youtube.com/watch?v=ze\\_70t7sI20](https://www.youtube.com/watch?v=ze_70t7sI20)

The organiser scheduled this meeting to be streamed  
Start streaming Close

## Dietary Advanced Glycation end-products (AGE) and their relevance for Human health

**DR ASNA UROOJ**  
PROFESSOR  
DEPT OF STUDIES IN FOOD SCIENCE AND NUTRITION,  
UNIVERSITY OF MYSORE, MYSORE  
EMAIL: ASNAU321@GMAIL.COM

10:18 / 2:06:57

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Hooghly Women's College  
678 subscribers

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Top chat replay

- Somjit Banerjee Good morning, Somjit Banerjee, Vivekananda Mahavidyalaya Haripal
- Laboni Bhattacharya good morning
- Suparna Mondal good morning all sir amd madam
- Sk Samim Akhter Good morning
- Sweeta Ghosh good morning
- charming curls good morning
- Roshowna Khatun good morning
- Megha Chatterjee Good Morning
- Arvinda Shaw Dr. Arvinda Shaw, assistant Professor, Raidighi College
- Suman Manna Hill
- Deboli Sengupta yes ma'am
- Sayantani Ghosh good morning
- Sanchaita Chatterjee Good morning maam
- Ayantika laha good morning mam
- Subhashis Biswas no

MICRONUTRIENTS IN HUMAN NUTRITION AND HEALTH

Prof. Neelam Yadav  
Coordinator, Centre of Food Technology & Director, Institute of Professional Studies, University of Allahabad

People (9)

- Charantan Hazra (You)
- asna urooj
- Charantan Hazra
- Madhusree Bhownik
- Prof. Neelam Yadav (Pre
- Prof. Neelam Yadav
- shreya bhattacharya
- Syamalina Goswami

Top chat replay

- UNBOXING MYSELF mmmm 🍌🍌🍌
- Pallabi Garai mam voice is not clear
- Arpita Roy yes
- POULAMI SARKAR voice is not clear,ma'am...
- UNBOXING MYSELF mam echo hchh voice
- Manisha Ghosh Audio is not clear
- AISHWARYA SAHA we can't hear you properly mam
- Sreejeeta Dey is brown bread good for diabetes ?
- MONIRA CHOWDHURY voice is not clear ma'am
- AISHWARYA SAHA please check your net connection
- Kritika Singh Maam i can't hear you properly
- Sreejeeta Dey very informative session
- Rukhsar Parween can't hear mam
- Nutriknowledge (nourish and care) Can't listen u properly mam.
- Arpita Roy kichu sona jacchena..

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## Food Fortification- A strategy to address micronutrient malnutrition

Prof Sirimavo Nair  
Dept of Foods and Nutrition  
The Maharaja Sayajirao University of Baroda  
Vadodara 390002

Scientist- 2017-20      Nodal Officer  
Panel-Nutrition and Fortification      NFSA Gujarat  
7/25/2020      FSSAI-Govt Of India      Ministry of Consumer Affairs,GOI

Top chat replay

- SHREYA BHATTACHARYA thank you
- SHREYA BHATTACHARYA Sir
- Mousumi Pal nice presentation
- Sulochana Maity Thanks sir for such a nice presentation
- Amisha Chandak Thanku sir for nice presentati
- AISHWARYA SAHA yes mam
- AISHWARYA SAHA you are not visible mam
- POULAMI SARKAR thank you,sir...nice presentation
- Tanusree Sadhukhan yes mam
- Arunima Chattopadhyay yes mam
- Sangeeta Biswas yes mam
- SHREYA BHATTACHARYA yes
- Swagata Goswami yes ma'am
- Sudipta Sengupta Good Noon

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## Nutrition, Immunity On Health & Development

Sanjay Basak, PhD (Biochemistry)  
ICMR-National Institute of Nutrition

Top chat replay

- Ayindrila Biswas good morning everyone ... myself Ayindrila Biswas. Student of Vidyasagar College . department of food and nutrition .
- Riya mondal Good morning
- Ayantika laha good morning everyone 😊😊
- Nutrition for Everybody good morning
- Tanmoy Ghosh Tanmoy Ghosh Good Morning all of
- puja's life captured good morning everyone
- Sayan Das good morning everyone
- POULAMI SARKAR good morning 😊 ...
- Sanchaita Chatterjee Good morning all
- RIVU DATTA Good morning
- Ayan Mukherjee good morning
- ANJAN SIL good morning
- Tiyasa Ghosh good morning everyone ❤️
- SAPTAK BHATTACHARJEE good morning everyone

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## List of Participants:

### Food for life: Nutrition strategies to prevent diseases

Sl. No.	Name of Participants	Name of Institution / College	Certificate ID
1	Arvinda Shaw	Raidighi College	HWC20NLWN0724001
2	MADHABI ROY	Calcutta University	HWC20NLWN0724002
3	MANAB KUMAR SAHA	Ramananda Centenary College, Lulara, Purulia	HWC20NLWN0724003
4	Monalisha Chakraborty	Kalna College, University Of Burdwan	HWC20NLWN0724004
5	Parnasree Chakraborty	University Of Calcutta	HWC20NLWN0724005
6	PRAKASH KUMAR SANTRA	RAMANANDA COLLEGE, BISHNUPUR	HWC20NLWN0724006
7	Abhijit Biswas	Krishnagar Government College	HWC20NLWN0724007
8	Achintya Kumar Samanta	Ramnagar College	HWC20NLWN0724008
9	Aditi Bhattacharjee	Oriental Institute Of Health Sciences	HWC20NLWN0724009
10	Aishwarya Das	Barrackpore Rastraguru Surendranath College	HWC20NLWN0724010
11	Aishwarya Saha	Hooghly Women's College	HWC20NLWN0724011
12	Amisa Sadhu	HOOGHLY WOMEN'S COLLEGE	HWC20NLWN0724012
13	Amisha Chandak	Vivekananda Mahavidyalaya haripal	HWC20NLWN0724013
14	Amit Malakar	Mugberia Gangadhar Mahavidyalaya	HWC20NLWN0724014
15	Amita kumari	Ranchi women's college	HWC20NLWN0724015
16	Amrita Ghosh	Barrackpore Rastraguru Surendranath college	HWC20NLWN0724016
17	Ananya Roy	Behala college	HWC20NLWN0724017
18	Ananya Thakur	M.U.C. women's college	HWC20NLWN0724018
19	Angana Nandi	Viharilal College of Home and Social Science	HWC20NLWN0724019
20	Angira Das	Vivekananda Mahavidyalaya, Haripal, Hooghly	HWC20NLWN0724020
21	Anindita Chatterjee	Barrackpore rastraguru surendranath college	HWC20NLWN0724021

22	ANISHA CHARIT	UNIVERSITY OF CALCUTTA (VIHARILAL COLLEGE CAMPUS)	HWC20NLWN0724022
23	Anjan Sil	Rajbalhat High School	HWC20NLWN0724023
24	Anjana Chowdhury	M.U.C. women's college	HWC20NLWN0724024
25	Ankita Goswami	Hooghly Womens' College	HWC20NLWN0724025
26	Ankita sam	Guskara mahavidyalaya	HWC20NLWN0724026
27	Annesha Podder	Behala College	HWC20NLWN0724027
28	ANTARA BHATTACHARYYA	Vinoba Bhawe University	HWC20NLWN0724028
29	Antara Chattopadhyay	Guskara Mahavidyalaya	HWC20NLWN0724029
30	Anuska Mitra	Oriental Institute of Health Sciences	HWC20NLWN0724030
31	Anuska Satpati	Viharilal college of home and social science	HWC20NLWN0724031
32	Anusree Pal	Hooghly Women's College	HWC20NLWN0724032
33	Anusuya Haldar	Calcutta University	HWC20NLWN0724033
34	Anwasha Panda	Mugberia Gangadhar Mahavidyalaya, under Vidyasagar University	HWC20NLWN0724034
35	Aparajita Banerjee	Hooghly Women's College	HWC20NLWN0724035
36	Aparna Pal	MUC Women's College	HWC20NLWN0724036
37	Archana Mandal	Mugberia Gangadhar Mahavidyalaya	HWC20NLWN0724037
38	ARPITA BISWAS	UNIVERSITY OF KALYANI	HWC20NLWN0724038
39	Arpita Das	Dr. Bhupendra Nath Dutta Smriti Mahavidyalaya	HWC20NLWN0724039
40	ARPITA GUPTA	Vidyasagar University	HWC20NLWN0724040
41	Arpita Roy	Hooghly Women's College	HWC20NLWN0724041
42	Arun Das	Kolkata University	HWC20NLWN0724042
43	Arunima Chattopadhyay	Netaji Mahavidyalaya Arambagh	HWC20NLWN0724043
44	Asima Ghosh	S.A. Jaipuria College	HWC20NLWN0724044
45	Asma siddiqua	Mysore universiyy	HWC20NLWN0724045
46	Ayan Das	Raja Peary Mohan College, Uttarpara	HWC20NLWN0724046
47	Ayan Mukherjee	Bejoy Narayan Mahavidyalaya	HWC20NLWN0724047
48	Ayantika laha	Hooghly women's college	HWC20NLWN0724048
49	Ayesha Salma	AIIH&PH KOLKATA	HWC20NLWN0724049

50	Ayindrila Biswas	Vidyasagar College (University of Calcutta)	HWC20NLWN0724050
51	BAISAKHI GHOSH	Hooghly womens college	HWC20NLWN0724051
52	Baisakhi Kangsabanik	baisakhi.kb@gmail.com	HWC20NLWN0724052
53	Barnali Barik	Ramkrishna Vivekananda Mission Sarada maa girls College	HWC20NLWN0724053
54	BEAUTY DEY CHOWDHURY	Seth Anandram Jaipuria College	HWC20NLWN0724054
55	Bhavya R Anchalkar	University of Mysore	HWC20NLWN0724055
56	Bidisha Bhattacharyya (Nee) Ghosh	Syamsundar College	HWC20NLWN0724056
57	BIDISHA DAS	VIHARILAL COLLEGE OF HOME AND SOCIAL SCIENCE	HWC20NLWN0724057
58	Bidisha Dhar	Bejoy Narayan Mahavidyalaya	HWC20NLWN0724058
59	Binod Ghosh	Vivekananda College, Alipurduar	HWC20NLWN0724059
60	Biplab Mondal	Hooghly Women's College	HWC20NLWN0724060
61	Bipsa Banerjee	University of Calcutta	HWC20NLWN0724061
62	Bishista Bhattacharya	Hooghly women's college	HWC20NLWN0724062
63	Biswanath Pramanik	Pritilata Waddedar Mahavidyalaya	HWC20NLWN0724063
64	Bitramish Mitra	Hooghly Women's college	HWC20NLWN0724064
65	Bratati Paul	Hooghly women's college	HWC20NLWN0724065
66	Chanambam Ritu Devi	S. Kula Women's College, Nambol, Manipur	HWC20NLWN0724066
67	CHANDRIKA DAS MONDAL	All India Institute of Hygiene and Public Health	HWC20NLWN0724067
68	Chandrima Chaudhuri	Anandanagar Girls High School	HWC20NLWN0724068
69	Chiranjit Pal	Mugberia Gangadhar Mahavidyalaya	HWC20NLWN0724069
70	Debadrita Chaule	Viharilal College of Home Science Campus	HWC20NLWN0724070
71	Debapriya Das	Sarojini Naidu College for Women	HWC20NLWN0724071
72	Debapriya Roy Chowdhury	West Bengal State University	HWC20NLWN0724072

73	Debarati Das	Hooghly Women's College	HWC20NLWN0724073
74	Debarati Mukherjee	The University of Burdwan	HWC20NLWN0724074
75	Debasree Sadhu	Oriental institute of health sciences	HWC20NLWN0724075
76	DEBAYANI SAHU	Mugberia Gangadhar Mahavidyalaya	HWC20NLWN0724076
77	Debdutta Konar	MUC WOMEN'S COLLEGE BURDWAN	HWC20NLWN0724077
78	Debdwip Saha	University of Gour Banga	HWC20NLWN0724078
79	Debdyuti Banerjee	Viharilal College, Homescience Department of Calcutta University	HWC20NLWN0724079
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84	Dipika shaw	Hooghly women's college	HWC20NLWN0724084
85	Dipsikha Ghosh	Maharajadhiraj Uday Chand women's college	HWC20NLWN0724085
86	Dipti Das	Kalna College	HWC20NLWN0724086
87	Dolon koley	Kalna college	HWC20NLWN0724087
88	Doyel Kangsa Banik	Ramakrishna vivekananda mission Sarada ma girls college	HWC20NLWN0724088
89	DR. SISIR GHOSH	SREEGOPAL BANERJEE COLLEGE, BAGATI, MOGRA, HOOGLY	HWC20NLWN0724089
90	Dr. Soumita Ghosh	Hooghly Women's College	HWC20NLWN0724090
91	DR.SUNIL KUMAR KHAN	IGNOU	HWC20NLWN0724091
92	Firdousi Nasrin	M. U. C Women's College	HWC20NLWN0724092
93	Hasna Hena Begam	Sreegopal Banerjee College	HWC20NLWN0724093
94	Indrakshi Barui	Viharilal college campus, University of Calcutta	HWC20NLWN0724094
95	Indrani Bhattacharyya	Barrackpore Rastraguru Surendranath College	HWC20NLWN0724095
96	Ipsita Sath	Hooghly Women's College	HWC20NLWN0724096
97	Ishita Bhowmick	Hooghly women's College	HWC20NLWN0724097
98	ISTAYANI JANA	MUGBARIYA GANGADHAR MAHAVIDYALAY	HWC20NLWN0724098



			HWC20NLWN0724099
99	Itishree Chakraborty	Hoogly women's college	
100	JAGRIHI KARMAKAR	THE WEST BENGAL UNIVERSITY OF HEALTH SCIENCES	HWC20NLWN0724100
101	Jasmin Khatun	The West Bengal University of Health Sciences	HWC20NLWN0724101
102	Jayeeta kar	Hooghly women's college	HWC20NLWN0724102
103	Jit Koley	Kalna college	HWC20NLWN0724103
104	Joy Kahar	The University of Burdwan	HWC20NLWN0724104
105	Kakali bhar	Akui nanibala girl's High school	HWC20NLWN0724105
106	Kasturi Sinha	Acharya School of Management, Bangalore	HWC20NLWN0724106
107	Kavya J	Columbia Asia Mysore	HWC20NLWN0724107
108	KOUSHIK CHATTERJEE	ORIENTAL INSTITUTE OF HEALTH SCIENCES	HWC20NLWN0724108
109	KOYEL BISOI	NETAJI MAHAVIDYALAYA	HWC20NLWN0724109
110	Kritika Singh	Ansal university	HWC20NLWN0724110
111	KRITTIKA GHOSH	VIHARILAL COLLEGE	HWC20NLWN0724111
112	Kunal Mukherjee	AKPC MAHAVIDYALAYA	HWC20NLWN0724112
113	Lakshmikanta Chattopadhyay	Calcutta Institute Of Engineering And Management	HWC20NLWN0724113
114	Lily Mondal	Hooghly Women's College, Hooghly	HWC20NLWN0724114
115	Lipika Ghosh	Muc women's college	HWC20NLWN0724115
116	LIPIKA ROY	BEJOY NARAYAN MAHAVIDYALAYA 5	HWC20NLWN0724116
117	MADHUMITA BANERJEE	The University of Burdwan	HWC20NLWN0724117
118	Madhurima Roy	Viharilal College of Home & Social Science	HWC20NLWN0724118
119	Madhushree Bhowmik	Hooghly Women's College	HWC20NLWN0724119
120	Madhushree Ghosh	Dr. Bhupendranath Dutta Smriti Mahavidyalaya	HWC20NLWN0724120
121	Mahasweta Mandal	Genex B.Ed College	HWC20NLWN0724121
122	Mainak Banerjee	The University of Burdwan	HWC20NLWN0724122
123	MALAY KR BISWAS	UNIVERSITY OF KALYANI	HWC20NLWN0724123
124	Mallika Sarkar	Hooghly women's college	HWC20NLWN0724124

125	Mandira Das	M.U.C women's college University of y	HWC20NLWN0724125
126	Mandira Ghosh	Udyog College of Education (Affiliated to The University of Burdwan) (Session -2017-19)	HWC20NLWN0724126
127	MANICK CHAND CHATTERJEE	The University of Burdwan	HWC20NLWN0724127
128	Manisha Dey	M.U.C. Women's College, Burdwan	HWC20NLWN0724128
129	Manisha Ghosh	Gushkara Mahavidyalaya	HWC20NLWN0724129
130	Manoranjana Chakraborty	Bankura Christian College	HWC20NLWN0724130
131	MAYUKH DEBNATH	Kalna College, Kalna, Purba Bardhaman, 713409	HWC20NLWN0724131
132	MAYUKH DEBNATH	Kalna College	HWC20NLWN0724132
133	Megha Chakraborty	Calcutta University	HWC20NLWN0724133
134	Megha Chatterjee	Calcutta University, V.L College of Home Science Campus	HWC20NLWN0724134
135	MEGHA GHOSH	University Of Calcutta	HWC20NLWN0724135
136	MEGHMA NEOGY	All India Institute Of Hygiene & Public Health	HWC20NLWN0724136
137	Meghna Ghosh	University of Calcutta	HWC20NLWN0724137
138	Mekhola Sen	Viharilal College of Education (Calcutta University)	HWC20NLWN0724138
139	Monalisa Khatun	Kalna College	HWC20NLWN0724139
140	Monisha Nath	Paramedical college Durgapur	HWC20NLWN0724140
141	MONJISTHA CHATTERJEE	THE WEST BENGAL UNIVERSITY OF HEALTH SCIENCES	HWC20NLWN0724141
142	Mouli y	Hooghly Women's College	HWC20NLWN0724142
143	Moumita Banik	Ramkrishna vivekananda Mission Sarada Ma Girl's College	HWC20NLWN0724143
144	Moumita Deb	Shimurali Sachinandan College of Education	HWC20NLWN0724144
145	Moumita Ghosh	KPCMCH(IGNOU)	HWC20NLWN0724145
146	Moumita Saha	Kalna college	HWC20NLWN0724146
147	Moupriya Bhowmick	Vivekananda Mahavidyalaya, haripal	HWC20NLWN0724147
148	Mousumi Jana	Mugberia Gangadhar Mahavidyalaya	HWC20NLWN0724148

149	Mousumi Pal	GUSKARA MAHAVIDYALAYA	HWC20NLWN0724149
150	Mr Hasibul Rahaman Mirja	ICSS COLLEGE	HWC20NLWN0724150
151	Mrinmoy Mondal	Bejoy Narayan Mahabidhalaya	HWC20NLWN0724151
152	Munmun Thapa	Women's college Kolkata Bagbazar	HWC20NLWN0724152
153	Nabamita Pyne	Viharilal College Of Home and Social Science Campus,CU	HWC20NLWN0724153
154	Najmun Nahar	Jadavpur University	HWC20NLWN0724154
155	Nandini Das	University of Gour Banga	HWC20NLWN0724155
156	Nandini karfa	Rabindra Mahavidyalaya	HWC20NLWN0724156
157	Nargis Parvin Khatun	Oriental Institute of Health Sciences	HWC20NLWN0724157
158	Nasrin Rahamana	MUC Womens College	HWC20NLWN0724158
159	Nayan Roy	MUC Women's College, Burdwan	HWC20NLWN0724159
160	Nazma Parvin	Muc women's college	HWC20NLWN0724160
161	Neela Ghosh	Hooghly Women's College	HWC20NLWN0724161
162	NEEPA BANERJEE	Bhairab Ganguly College	HWC20NLWN0724162
163	Neha Patra	Viharilal college calcutta University	HWC20NLWN0724163
164	Nilanjana Banerjee	Hooghly women's college	HWC20NLWN0724164
165	Nilima Maiti	Mugberia Gangadhar Mahavidyalaya	HWC20NLWN0724165
166	Nirban Roy	Kalyani Central Model School	HWC20NLWN0724166
167	NIRMALYA CHATTOPADHYAY	Samantakhanda H.K. Roy High school (H.S.)	HWC20NLWN0724167
168	Nitu Gupta	Burdwan university	HWC20NLWN0724168
169	Oendriila Banerjee	Hooghly Women's College	HWC20NLWN0724169
170	Ompi Nath	Hooghly women's college	HWC20NLWN0724170
171	Pallabi garai	Hooghly women's college	HWC20NLWN0724171
172	PARAMITA BANERJEE	Department of Zoology, The University of Burdwan	HWC20NLWN0724172
173	Paramita Ghosh	University of kalyani	HWC20NLWN0724173
174	Paresh Nath Chatterjee	West Bengal University of Animal and Fishery Sciences	HWC20NLWN0724174
175	Paromita Hati	Hooghly women's college	HWC20NLWN0724175

176	Payel dey	Hooghly women's collage	HWC20NLWN0724176
177	Payel Mete	Maharani kasiswari college	HWC20NLWN0724177
178	PIASA DAS	All India Institute of Hygeine & Public Health	HWC20NLWN0724178
179	Pinki Basak	Kalna College	HWC20NLWN0724179
180	PIU MAHADANI	BANKURA ZILA SARADAMANI MAHILA MAHAVIDYAPITHY	HWC20NLWN0724180
181	Plabani Sarkar	Kalna College	HWC20NLWN0724181
182	Poulami Ghosh	Dr. Bhupendra Nath Dutta Smriti Mahavidyalaya	HWC20NLWN0724182
183	Poulami Pal.	Oriental Institute of Health Sciences	HWC20NLWN0724183
184	POULAMI SARKAR	University of Burdwan(Golapbag campus)	HWC20NLWN0724184
185	Poulomi pramanik	Mugberia Gangadhar Mahavidyalaya	HWC20NLWN0724185
186	Poushali Das	Viharilal College Of Food and Nutrition, Home Science Department	HWC20NLWN0724186
187	Pragati mukherjee	Hooghly women's college	HWC20NLWN0724187
188	Prasenjit Pal	Mugberia Gangadhar Mahavidyalaya	HWC20NLWN0724188
189	Prathiksa Pramanik	Sarada Ma girl's college affiliated to Ramkrishna mission	HWC20NLWN0724189
190	Prathiksha R Bhat	Department of Food Science and Nutrition, University of Mysore	HWC20NLWN0724190
191	Prerona Das	Sister Nibedita Government General Degree College for Girls	HWC20NLWN0724191
192	Preyosi Paul	Hoogly Women's College	HWC20NLWN0724192
193	Pritam Roy	Midnapore City College	HWC20NLWN0724193
194	Pritha Ghosh	National Institute of Nutrition	HWC20NLWN0724194
195	PRIYA MAJI	Kalna College , University of Burdwan	HWC20NLWN0724195
196	Priyanka Mandal	Maharajadhiraj Uday Chand Women's College	HWC20NLWN0724196
197	Priyanka paul	Hooghly Women's College	HWC20NLWN0724197
198	Prof. Eureka Mondal	Rabindra Mahavidyalaya	HWC20NLWN0724198
199	PUJA BANERJEE	M. U. C. Women's College, University of Burdwan.	HWC20NLWN0724199
200	Purabi Jana	Mugberia Gangadhar Mahavidhalya	HWC20NLWN0724200
201	Pushpita Das	Hooghly Women's college	HWC20NLWN0724201
202	Ragini Barnwal	Asansol Girl's College	HWC20NLWN0724202

			HWC20NLWN0724203
203	Rajendra Prasad Mondal	Bankura Sammilani College	
			HWC20NLWN0724204
204	RAJIB MAJUMDER	VIVEKANANDA MAHAVIDYALAYA, HARIPAL	
			HWC20NLWN0724205
205	Rajkumar Ghosh	Vidyasagar University	
			HWC20NLWN0724206
206	Rajkumari Chattaraj	Durgapur Government College	
			HWC20NLWN0724207
207	Rakesh Samanta	Raja Rammohun Roy Mahavidyalaya	
			HWC20NLWN0724208
208	RASHMI REKHA KALITA	College of Community Science, Assam Agricultural University	
			HWC20NLWN0724209
209	Ratna Pal	M. U. C Women's College	
			HWC20NLWN0724210
210	Renu Yadav	Amity University Noida UP	
			HWC20NLWN0724211
211	Reshmi Chatterjee	Mrinalini Datta Mahavidyapith	
			HWC20NLWN0724212
212	Ria Kayal	Calcutta University	
			HWC20NLWN0724213
213	Ria sen	The University of Burdwan	
			HWC20NLWN0724214
214	Rima Bag	Kalna College	
			HWC20NLWN0724215
215	Rima Dey	RKVM Sarada Ma girl's College...West Bengal State University	
			HWC20NLWN0724216
216	RIMA DEY	RKVM Sarada ma girl's college ..West bengal state University	
			HWC20NLWN0724217
217	Rima Giri	Mugberia Gangadhar Mahavidyalaya	
			HWC20NLWN0724218
218	Rima halder	Kalna college	
			HWC20NLWN0724219
219	RIMPA KAR	Bejoy Narayan Mahavidyalaya	
			HWC20NLWN0724220
220	RISHITA CHAKRABORTY	Hooghly women's college	
			HWC20NLWN0724221
221	Ritaja Sengupta	University of Calcutta Viharilal College of Home and Social Science	
			HWC20NLWN0724222
222	Ritikana Das	University of Calcutta	
			HWC20NLWN0724223
223	Rittika Gayen	Mugberia Gangadhar Mahavidyalaya	
			HWC20NLWN0724224
224	RITUPARNA SARKAR	Viharilal College of Home Science Campus( University of Calcutta )	
			HWC20NLWN0724225
225	Rivu Datta	Viharilal college campus, department of Home science, University of Calcutta.	
			HWC20NLWN0724226
226	Riya Bairagya	M.U.C Women's College, Burdwan	
			HWC20NLWN0724227
227	Riya Das	Barrackpore Rastraguru Surendranath College	
			HWC20NLWN0724228
228	Riya Dutta	University of kalyani	
			HWC20NLWN0724229
229	Riya Mondal	Mankar college	
			HWC20NLWN0724230
230	Rochana Pramanik	University College of Science, Technology and Agriculture	

			HWC20NLWN0724231
231	ROOPKATHA BANERJEE	BHAIRAB GANGULY COLLEGE	
232	Rukhsar parween	Hooghly women's college	HWC20NLWN0724232
233	Sabana Parvin	Kalna College, The University of Burdwan	HWC20NLWN0724233
234	Saikat Mondal	Raghunathpur College, Purulia	HWC20NLWN0724234
235	Saikat Sadhukhan	Rabindra Mahavidyalaya	HWC20NLWN0724235
236	Sakshi S H	University Of Mysore	HWC20NLWN0724236
237	Samapti Pal	Kalna College	HWC20NLWN0724237
238	Sanchaita Chatterjee	Dr. Bhupendranath Dutta Smriti Mahavidyalaya, Hatgobindopur	HWC20NLWN0724238
239	Sandip Pan	Bhairab Ganguly College	HWC20NLWN0724239
240	Sangeeta Biswas	Dr.Bhupendranath Dutta Smriti Mahavidyalaya	HWC20NLWN0724240
241	Sanghamitra Roy	Barrackpore Rastraguru Surendranath College	HWC20NLWN0724241
			HWC20NLWN0724242
242	Sanjidah Saheli Rahaman	Hooghly women's college	
243	SANJOY BANERJEE	Government of India	HWC20NLWN0724243
244	SANJUKTA ROY	Vhiharilal college campus University of Calcutta	HWC20NLWN0724244
245	Sanmitra Roy	Zoological Survey of India	HWC20NLWN0724245
246	SANTU NANDI	GUSKARA MAHAVIDYALAYA	HWC20NLWN0724246
247	SAPTAK BHATTACHARJEE	BEJOY NARAYAN MAHAVIDYALAYA, ITACHUNA , KHANYAN, HOOGLY	HWC20NLWN0724247
248	Sarbani Banerjee	Muc women's college, Burdwan	HWC20NLWN0724248
249	Sarmistha Dev	Hooghly Women's College	HWC20NLWN0724249
250	SASWATA RAY	Biotechnika	HWC20NLWN0724250
251	Sayan Das	Mugberia Gangadhar Mahavidyalaya	HWC20NLWN0724251
252	Sayani Kar	Maharani kasiswari college	HWC20NLWN0724252
253	Sayantani Ghosh	Vidyasagar College , Calcutta University	HWC20NLWN0724253
254	Sayantani Shil	Hooghly women's college	HWC20NLWN0724254
255	Sayantika Kundu	Hooghly Womens College	HWC20NLWN0724255
256	Shahreen Ahmed	Hooghly Women's College	HWC20NLWN0724256
			HWC20NLWN0724257
257	Sharanya Bandyopadhyay	MUC Women's College	



258	Sharmili paul	Women's College,Calcutta	HWC20NLWN0724258
259	Shehnaz Yasmin	Hooghly Women's College	HWC20NLWN0724259
260	Shila Das.	Department of Home Science University of Calcutta	HWC20NLWN0724260
261	Shilpa Mondal	Oriental Institute of Health Sciences	HWC20NLWN0724261
262	SHIPRA KARMAKAR	VIDYASAGAR INSTITUTE OF HEALTH	HWC20NLWN0724262
263	SHRABANI KUMBHAKAR	BARRACKPORE RASTRAGURU SURENDRANATH COLLEGE	HWC20NLWN0724263
264	Shreya Bhattacharya	Mankar college	HWC20NLWN0724264
265	SHREYA BHATTACHARYA	HOOGLY WOMEN'S COLLEGE	HWC20NLWN0724265
266	Shreya Dutta	Hooghly women's college	HWC20NLWN0724266
267	SHREYASI DAS	Ramakrishna Vivekananda Mission Sarada Ma Girls' College	HWC20NLWN0724267
268	Shreyasi Halder	University of Calcutta	HWC20NLWN0724268
269	Shubhangi Sarkar	Oriental Institute of Health Sciences affiliated to The West Bengal University of Health Sciences	HWC20NLWN0724269
270	Sinchita Gupta	M.U.C. Women's College	HWC20NLWN0724270
271	Sinjini Dutta	Hooghly Women's College	HWC20NLWN0724271
272	Siuli Kar	Mugberia Gangadhar Mahavidyalaya	HWC20NLWN0724272
273	Sk Nazibar Rahaman	Gourbanga University	HWC20NLWN0724273
274	SK SAHINA SIRAZ	UNIVERSITY OF CALCUTTA	HWC20NLWN0724274
275	SK SAMIM AKHTER	VIDYASAGAR UNIVERSITY	HWC20NLWN0724275
276	Sneha Hatua	College- Mugberia Gangadhar Mahavidyalaya	HWC20NLWN0724276
277	Somjit Banerjee	Vivekananda Mahavidyalaya, Haripal	HWC20NLWN0724277
278	Somnath Singha	Bejoy Narayan Mahavidyalaya	HWC20NLWN0724278
279	Sougata Acharya	Mugberia Gangadhar Mahavidyalaya	HWC20NLWN0724279
280	Souhardhya laha	Mankar college	HWC20NLWN0724280
281	Soumi Ghosh	Hooghly Women's College	HWC20NLWN0724281
282	Soumi Saha	MUC Womens College	HWC20NLWN0724282
283	Souradipta Chakraborty	Viharilal college for Home and Social Science (University of Calcutta, Department of Home Science )	HWC20NLWN0724283

284	Sourupa Banerjee	Calcutta University	HWC20NLWN0724284
285	Souvik Bajpaye	Mankar College	HWC20NLWN0724285
286	Srabani Kotal	Mugberia Gangadhar Mahavidyalaya	HWC20NLWN0724286
287	Srabani Kotal	Mugberia Gangadhar Mahavidyalaya	HWC20NLWN0724287
288	Srayashee Bandyopadhyay	Hooghly Womens College	HWC20NLWN0724288
289	Sreejeeta Dey	Calcutta University	HWC20NLWN0724289
290	Sreejita Majhi	Vivekananda Mahavidyalaya,Haripal	HWC20NLWN0724290
291	Sreemoyee Bhattacharyya	University of Calcutta	HWC20NLWN0724291
292	Srijita Paul	National Institute of Nutrition	HWC20NLWN0724292
293	Sriparna Naha	Bejay Narayan Mahavidyalay	HWC20NLWN0724293
294	Sriparna Nayek	AKPC MAHAVIDYALAYA	HWC20NLWN0724294
295	Sriya Mitra	Hooghly Women's College	HWC20NLWN0724295
296	Subhadeep Dutta	Raiganj University	HWC20NLWN0724296
297	Subhangi Agarwala	Viharilal college of home and social science	HWC20NLWN0724297
298	Subhankari Prasad Chakraborty	Ramananda College, Bishnupur, Bankura	HWC20NLWN0724298
299	Subhashis Biswas	Balurghat College	HWC20NLWN0724299
300	Suchismita Datta	Hooghly Women's College	HWC20NLWN0724300
301	Sudarshan sen	Guskara Mahavidyalaya	HWC20NLWN0724301
302	Sudeshna Maity	Mugberia Gangadhar Mahavidyalaya	HWC20NLWN0724302
303	Sudipta karmakar	Hooghly women's college	HWC20NLWN0724303
304	Sudipta Nandy	Hooghly Women's College	HWC20NLWN0724304
305	Sudisha Biswas	Hooghly Women's College	HWC20NLWN0724305
306	Sujan Kumar Sou	Kulti College, Kulti-713343	HWC20NLWN0724306
307	SUKANTA KUMAR SAMUI	Vidyasagar University	HWC20NLWN0724307
308	Sukanya Adhya	Vidyasagar University	HWC20NLWN0724308

309	Sukanya De	Rabindra Mahavidyalaya	HWC20NLWN0724309
310	Sukhendu Bera	Mugberia Gangadhar Mahavidyalaya	HWC20NLWN0724310
311	SUKLA MAJI	Ramakrishna Vivekananda Mission Sarada Ma Girls' College	HWC20NLWN0724311
312	Sulochana Maity	Raja Narendra Lal Khan Women's College (Autonomous)	HWC20NLWN0724312
313	Suman Manna	Ramsaday College	HWC20NLWN0724313
314	Sumana Dev Mondal	Viharilal college of home and social science, Calcutta University	HWC20NLWN0724314
315	Sunanda Mistri	M.U.C Women's College	HWC20NLWN0724315
316	Sunita Ghosh	Kalna college	HWC20NLWN0724316
317	Sunrita Sen	All India Institute Of Hygiene and Public Health	HWC20NLWN0724317
318	Suparna Ghosh	Bejoy narayan moha videyalaya	HWC20NLWN0724318
319	Suparna modal	Bijay narayan	HWC20NLWN0724319
320	Supriya Majhi	Mugberia Gangadhar Mahavidyalaya	HWC20NLWN0724320
321	Susmita Kamila	Mugberia Gangadhar Mahavidyalaya	HWC20NLWN0724321
322	Susmita Mandal	Mugberia Gangadhar Mahavidhyalaya	HWC20NLWN0724322
323	SUSMITA SEN	UNIVERSITY OF CALCUTTA (VIHARILAL COLLEGE CAMPUS)	HWC20NLWN0724323
324	Sutandra Adhikary	Hooghly women's college	HWC20NLWN0724324
325	Swagata Chatterjee	Dept.of Home Science,University of Calcutta	HWC20NLWN0724325
326	Swagata Dutta	University Of Calcutta	HWC20NLWN0724326
327	Swagata Goswami	Bejoy Narayan Mahavidyalaya	HWC20NLWN0724327
328	SWATI BANNERJEE	Seth Anandram Jaipuria College	HWC20NLWN0724328
329	Swati chatterjee	Hooghly women's college	HWC20NLWN0724329
330	Sweeta Ghosh	University Of Calcutta, Viharilal College Of Home Science Campus	HWC20NLWN0724330
331	Sweta Dawn	Oriental Institute Of Health Sciences	HWC20NLWN0724331
332	Sweta dey	Hooghly women's college	HWC20NLWN0724332
333	SWETA GHOSH	MUC WOMEN'S COLLEGE, BURDWAN UNIVERSITY	HWC20NLWN0724333
334	Syeda Farha S	University of Mysore	HWC20NLWN0724334
335	Tanmoy Ghosh	Dr. Bhupendra Nath Dutta Smriti Mahavidyalaya	HWC20NLWN0724335
336	Tanusree Sadhukhan	Hooghly women's college	HWC20NLWN0724336

337	Tisha Halder	The University of Burdwan	HWC20NLWN0724337
338	Tithi Bairagi	Hooghly Women's College	HWC20NLWN0724338
339	TITHI BHANDARI	IEST Shibpur	HWC20NLWN0724339
340	Tiyasa Ghosh	Bejoy Narayan Mahavidyalaya	HWC20NLWN0724340
341	TIYASHA MAL	West Bengal Sate University	HWC20NLWN0724341
342	Trikona Layek	Raja Narendralal Khan Womens' College (Autonomous)	HWC20NLWN0724342
343	Trisha bhattacharya	Hooghly womens' college	HWC20NLWN0724343
344	Upasana Das	West Bengal State university	HWC20NLWN0724344
345	Utsa Saha	Hooghly Women's college	HWC20NLWN0724345
346	Uttaran Majumdar	Hooghly Women's College	HWC20NLWN0724346
347	Yaman Chatterjee	University Of Calcutta	HWC20NLWN0724347
348	ZEMIMA SEHANA AZ	The University Of Burdwan	HWC20NLWN0724348
349	Zoomi Singj	Centre of Food Technology, University of Allahabad	HWC20NLWN0724349



# Two Days National Level Webinar

on



## FOOD FOR LIFE: NUTRITION STRATEGIES TO PREVENT DISEASES

Organized by,  
Department of Nutrition  
In association with  
Internal Quality Assurance Cell  
Hooghly Women's College  
(Affiliated to The University of Burdwan)

### Certificate of Participation

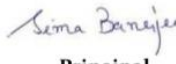
This is to certify that, Prof./Dr./Mr./Mrs./Ms..... Poushali Das  
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Certificate ID: **HWC20NLWN0724186**

Issued ON : 29<sup>th</sup> July, 2020

  
Coordinator, IQAC  
Hooghly Women's College



  
Principal  
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### Certificate of Participation

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Of..... Mugberia Gangadhar Mahavidyalaya ..... has participated actively in **Two Days National Level Webinar, on 24<sup>th</sup> - 25<sup>th</sup> July, 2020**, organized by Department of Nutrition in association with Internal Quality Assurance Cell of Hooghly Women's College, Hooghly, West Bengal.

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Coordinator, IQAC  
Hooghly Women's College



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